

## **MONEY MATTERS**

Issue No. 4



## Loving the life you have, not the stuff in it!

In my last Money Matters, I spoke about creating an emergency fund and that one way to raise cash is to have a garage sale or selling your unwanted stuff on e-bay.

This got me thinking! Why are we so in love with stuff – owing stuff, collecting stuff, shopping for stuff? And the stuff is getting bigger, shinier and more expensive.



What is it that we are running from? Why do we need to fill our life with so much stuff? Are we trying to fill a void?

The financial crisis is a good example of how chasing money, for the sake of getting more stuff, can get out of hand. Chasing stuff such as bigger houses, better cars, shinier toys has led most of us into deeper debt. Australia is financially worse for all the debt.

If you are on your path to building a cash emergency fund, or better yet a wealth portfolio, now is a good time to examine where you stand with your "stuff". Do you really need stuff to be happy? Stuff doesn't fill our life with meaning, does it? It is the connections we make with people, the experiences we have and share and the relationships we nurture that give our lives meaning.

Maybe it is time to de-clutter your house. Purge your stuff and start creating space for better things to come into your life. Yes, SPACE is a vital ingredient in the Law of Attraction. Without giving yourself space, be it "time space", "emotional space" or even "money space", you will not be able to attract into your life the abundance that you desire.

De-cluttering your financial affairs, therefore, is a key ingredient to abundance and it works wonders. When there is order and space in your financial world, good things start to happen!

So here are some things to think about:

- 1. Have you got lots of personal debt that may be unproductive?
- 2. Have you got numerous superannuation funds cluttered around?
- 3. Is your investment portfolio easy to manage?
- 4. Do you have insurance policies strewn all over the place?

Freedom is about having the abundance to do whatever you want, when you want. That requires some work. Getting your financial house in order is an important ingredient in achieving your freedom!

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